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**Walter H. Schmitt, DC, DIBAK, DABCN**  
**Better Results With Injury, Inflammation & Pain**  
**Chicago Area Seminar July 28th & 29th**

Clinical Pearls Series

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# **Better Results With Injury, Inflammation & Pain**

**Common Denominators in Neuromusculoskeletal Conditions**



**WALTER H. SCHMITT, DC, DIBAK, DABCN**  
**Chicago, July 28th-29th**

# Better Results With Injury, Inflammation & Pain

## Common Denominators in Neuromusculoskeletal Conditions

Patients come to your office seeking relief from pain. Many cases respond to your current therapies. However, toxins in our environment, stress, mineral deficiencies, essential fatty acid deficiencies as well as common vitamin deficiencies delay or stop healing. Dr. Schmitt will help take your therapies to the next level as you understand and integrate individualized nutrient therapies. Although he holds a Diplomate in Applied Kinesiology this is not a muscle testing seminar. In this seminar, you will learn simple, neurologically based tools for assessing nutrient needs which will increase compliance and treatment outcomes. Dr. Schmitt will also teach techniques to radically reduce pain and restore joint health.

### **DAY 1 TOPICS - BETTER RESULTS WITH PAIN**

**The Adverse Effects Of NSAIDs**

**Nutritional Alternatives To NSAIDs**

**Essential Nutrients For Injury Pain Relief**

**Chronic Pain Relief Protocols**

**Assessing The Underlying Cause Of Chronic Pain**

**Nutrients That Restore Joint Health**

**Neuromuscular Injuries – The Most Important Nutrients**

**Two Simple Hands-On Techniques For Pain Relief**

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**Date:** Saturday, July 28th ~ 9:00-5:00  
Sunday, July 29th ~ 9:00-2:00

**Place:** Chicago Marriott Oak Brook  
1401 W. 22nd St. ~ Oak Brook, IL 60523  
630-573-8555

**Fee:** \$195 (\$230 after July 21st) \$85 students, 1st yr Drs

**CE Credits:** Applied for IL, IN, MO, IA, MI

Day 2 will focus on the brain/body connection because true healing cannot take place if the body is in sympathetic overdrive. So “healthy” sleep and muscle relaxation are critical factors in stimulating the body’s ability to repair and rebuild. Dr. Schmitt will discuss from a neurological and biochemical perspective how to maximize healing and repair. This will include procedures aimed at improving brain function and slowing the aging process.

### **DAY 2 TOPICS - THE BRAIN/BODY PAIN CONNECTION**

**Neurotransmitter Nutrition**

**Anti-aging For The Brain**

**Nutrients For Anxiety**

**Nutrients For Muscle Tension**

**Nutrients For Emotional Stress**

**Emotional Recall Techniques – Nutrient Support**

**Sleep Disorders**

**Call To Register (800) 373-1373**

### **WALTER H. SCHMITT, DC, DIBAK, DABCN**

Dr. Walter Schmitt is a graduate of Duke University and the National College of Chiropractic. In 1991 he became the first physician to hold Diplomate status in both Applied Kinesiology and Chiropractic Neurology. As a practicing chiropractic physician since 1974, Dr. Schmitt has served on the Board of Directors of the International College of Applied Kinesiology (ICAK) and as a trustee for the Foundation for Allied Conservative Therapies Research (FACTR). He is an adjunct member of the postgraduate faculty of Logan College of Chiropractic and serves on the Editorial Review Board of *Alternative Medicine Review*. He is the author of over 70 papers for the ICAC, Common Glandular Dysfunctions in the General Practice, Compiled Notes on Clinical Nutritional Products, and co-author of the Quintessential Applications: A(K) Clinical Protocol. He has written one book for lay persons, Stop Your Pain Now. Dr. Schmitt lectures nationally and internationally

